



THE READER

SPECIAL 1

ERASMUS+ ISSKO PROJECT
Students' Individual Opinions About the Project

APRIL 2018

Editor in chief -
Norbert Czarny
(II LO student)
Helping hand -
Natalia Król
(II LO teacher)

Students of three European high schools: Baczyński High School from Radomsko (II LO), **Poland**, Stephen Liégeard High School in Brochon, **France** and Paimio High School in **Finland** have been taking part in an exchange within **Erasmus+** project. **Talent Campus** from France is also the partner of the project. The project's dates are October 2016 – March 2019. It's called **ISSKO** (Influence of Social Skills in the Orientation towards Higher Education). The participants of the project have already been to Brochon (we went there in April 2017) and Radomsko (we visited it in October 2017). In April 2018 we are looking forward to visiting Paimio.



Here is the list of the participants of the project – students and adults (including teachers and other staff members):

Students:

Baumont Noemie	Nagata Filip
Borowiecka Aleksandra	Palokankare Jonna
Brandys Adam	Piasecka Natalia
De Magalhaes Louane	Prost Manon
Durey Cathy	Puntala Hilla
Dygudaj Iga	Ribeiro Chloe
Garrot Laure	Rusi Assi
Kallonen Kati	Ścisłowska Urszula
Kaunonen Pinja	Siipola Elina
Klekowska Karolina	Smendowski Mateusz
Laaksonen Saana	Soncińska Izabela
Lähde Sanni	Sztaniak Ida
Lindstedt Milia	Tonot Alexis
Marteau Matteo	Virely Aesa
Nawrocki Eva	Zakrzewska Żaneta

Adults:

Krawczyk-Broszkowska Agnieszka
 Król Natalia
 Latała Mariola
 Smendowska Anna
 Alasmäki Ritva
 Hietajärvi Hanna-Kaisa
 Salmela Juha-Matti
 Mulari Outi
 Brut Frederic
 Chasson Vincent
 Cougnot Bernard
 Fromage Alain
 Lanternier Dominique
 Trojanowski Pecaud Florence
 Souhait Melanie

Let's read the Erasmus+ students' opinions about the project so far



The last exchange (October 2017) was very stressful for me. This time my friends from abroad came to me and I had to make them feel fun and happy. I think I did it correctly and this stress wasn't necessary. If it comes to exchange in general, I'm happy to be a part of this project. Thanks to it, I have much more friends and better English skills. Just to tell the truth, I'm not really more confident now than I used to be but I think I know myself a little bit more. What's more, I'm really closer with my friends from the Polish team of Erasmus+. To sum up, this project has been stressful for me but I have some benefits, too.

Filip Nogała

I think it was a great experience. My English skills have improved. I met a lot of nice people. Moreover, I learned how to communicate in English even if I don't know the words. I showed my friends Polish food and I could see their reaction. I learned how to present myself at a job interview. My girls told me what their life at school looks like. I know a lot of information about their educational systems. We had such great fun in our free time when I could get to know them more. I've found my pluses and minuses. I've made some international friendships which I hope will last forever.



Ida Szataniak

I was so excited about their coming here and I couldn't wait when I finally would be able to talk to my girls face to face. I felt more comfortable this time than in France because we had already known each other so our conversations were more relaxed and we weren't scared of the other person. We all got closer to each other and it was an amazing feeling to spend this whole week with our 'international friends'. We had a lot of activities during which we had to work together so that was time to get to know something more about each of us. Besides, during educational courses, when we needed to focus to do our job best as we could, we had a lot of fun, too. After each day of work and fun I was exhausted but now, when they aren't here anymore, I would do everything to wake up and see my girls and all of these people again and spend one more day with them. I'm so happy when I'm thinking about that time we spent together in Poland and I can't wait to see them in Finland again.

Iga Dygudaj





A month ago I was taking part in an exchange within Erasmus + programme with Finland and France. It was great time! French and Finnish people are wonderful. During our meetings we could improve our languages skills, meet new people from other countries and just learn new things and get to know the culture. It is great experience. I recommend exchanges!

Iza Soncińska

Erasmus + has been an amazing opportunity to be a part of something bigger. It's given not only probably the best experience in my life or let me improve my language skills but mostly it's taught me to be an open person to others. This project's shown me that even if we are so different, we have so



many things in common. I have been enjoying it since the very beginning. I wish the time when we are together in each country were longer, maybe even 10 days. I am looking forward to seeing everyone again soon. I recommend everyone to join Erasmus+ if they have this possibility. You will never regret it.

Karolina Klekowska

In my humble opinion, this week (October 2017) which I spent in Poland with all the group from Erasmus + project was definitely one of the best times in my life. We met all together after, in fact, a short break but I was really excited and motivated. That week was full of useful knowledge, which I can use in my future life. For example, the workshops with junior high school students were great. We could realise how teachers' work looks like. This exchange is an amazing source of long relationships. For me a very meaningful fact is that not only in Poland have I got friends with whom I can talk.

I have never taken part in such a project before, that's why I really appreciate the fact that my school gives this kind of possibility for students. This project surely opens a lot of



tracks to follow, gives a lot of motivation and helps in overcoming our disadvantages like being shy and stressed in front of the audience. In my opinion, the most important thing is that in every part of this project we have to focus on team work. It develops our social skills and, of course, language skills. After two parts of the project, I am motivated to learn foreign languages because now I can see how strongly the world is based on them.

Mateusz

Erasmus+ is my first exchange and I think this was one of the best decisions in my life. I'm happy that I can take part in this project. I've met wonderful people who are very close to me. I've made a lot of friends from France and Finland. In our Polish team there are the most amazing people I've ever met. I saw France and I will see Finland, which was my dream. Our meetings in France and Poland were very interesting, funny and I had great time there. I'm looking forward to our next meeting in Finland and seeing my friends again.



Natalia Piasecka



I think the week spent in Poland within Erasmus+ project was very hard-working and efficient. I think we did a lot of work with really good effects. We had both a lot of work and a moment of rest and some fun, which was very much needed. I loved it. I think we got a lot of experience from it. It was a nice experience that I would like to repeat more than once because what I gained would be useful in the future.

Ola Borowiecka

Have you ever thought about taking part in a school exchange? Maybe you're afraid of it and you don't know what it could look like. I want to resolve your doubts and tell you about my experience.

I take part in an international exchange. In April I was in France and it was absolutely stunning for me. To start with, I think that I experienced a really amazing adventure. I could get to know other people and make new friends. I saw what a French family and their normal day look like. I could check my English. I learned how to deal with language problems because the family who took care of me spoke only English or French. Actions speak louder than words. I think that a better way to learn other language is try to speak than boringly sit at school and learn vocabulary and grammar. And international exchange gives us the opportunity to challenge ourselves.

You shouldn't be afraid that you don't understand everything and you don't get along with somebody. What you can't say, you can show. I think that body language is really rich and understandable for foreigners.

Żaneta Zakrzewska



Erasmus + is a very interesting adventure in my life. I love it very much. In this project I've learned how to solve problems. We've worked in groups and developed social skills. I've met very nice people from France and Finland. I



mean the project helps me open to others. But I also think our Polish group is very integrated.

Together we learn to help and understand each other. I've got to know what studying in France or Finland looks like. This project is amazing and I

recommend it to everyone who wants to know different people, different culture and gain a lot of skills.

Ula Ścisłowska

I'm very grateful that I had an opportunity to be a part of this project. I have got some awesome people around me, and I have made new friends from different countries. Friends for a lifetime I believe! It has been quite an eye opening experience to learn so much new about different cultures and people, and that is why I love this project so much. This project has also taught me definitely a lot and I also think that it has helped me to use languages more easily without being afraid of making mistakes and that is also something which I can be thankful for.



Assi Rusi



Erasmus + project has been a wonderful and great experience . Everyone who is involved in this project gets on with each other. I have got to see two other cultures and I think that is pretty amazing. People have received us with open arms in France and Poland. I can't wait when they come to Finland. The atmosphere has always been welcoming and comfortable during our journeys in Poland and France. I think that everything in this project has worked well and I know that we all have got lots of memories and experiences. My English language skills have improved greatly during this time I have been involved in Erasmus + project.

Hilla Puntala

Taking part in the Erasmus+ project has been a great experience. I have built friendships with not only the Finns in our group but also with the students from France and Poland. Seeing everyday life in different countries has made



me value my home country and different cultures even more. Learning more about studying abroad encouraged me to apply to universities in Scotland. Altogether I have learned a lot and made some wonderful memories.

Kati Kallonen

I have met amazing new people and made great new friends. We have grown a strong bond with the students of our team as well as with the foreign student teams. I have developed my English skills in a way that I'm not afraid to use it spontaneously. We have challenged ourselves in new environments working still as a group. Seeing new countries and cultures from grass-roots level has been the best experience. This has been a great adventure so far.



Pinja

The project has definitely been a once in a lifetime opportunity. I have been able to meet new kinds of people and see what their lives are. I've also been able to get a new perspective on my own life. I have also made friends with both



our teams and the other team members. It's also such a different experience than just going abroad as a tourist. Living in someone else's home with them is always a more intimate way to get to know different cultures, though you rarely get to do that.

Elina

This project has been great. New friends, new experiences and a lot of



fun time! Great chance to make friends and learn and speak English. Every day has been different and I have travelled to lands I haven't been before. Waiting forward to our time in Finland!

Jonna

I have met many interesting people from other countries. It has been nice to notice differences between different cultures. It also has been exciting to find out how similar we all are. I've got a lot of courage to communicate in



English with people who have varied accents. I think that living in normal Polish or French family is more mind-expanding than travelling by myself and sleeping in hotels.

Milja Lindstedt

The best thing in the whole project has been getting new friends from other countries.

We have had fun together and learned about the chances to study abroad.

Everyone has become braver to speak English, which is great.

We have learned more about other cultures.

I have had so much fun and got so many good new friends, that I'd like to recommend Erasmus+-project to everyone,

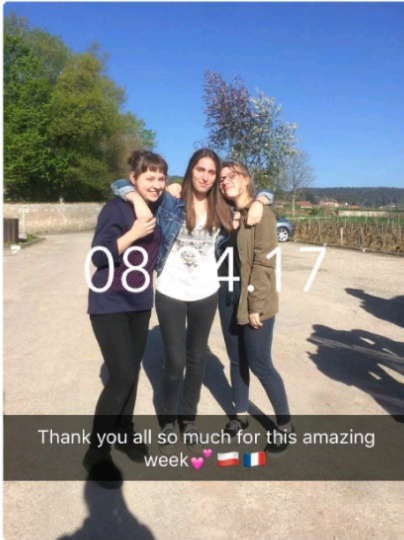
from every country. This has been and will be amazing!



Sanni

Elina

Il y a 9 heures à partir de la galerie photo



The project allowed me to discover new countries as well as new cultures. But it mainly allowed me to meet some amazing people, to converse with them in language that's not ours. We understand each other in despite of the language barrier. It's an amazing and beautiful experience.

Chloé

CHATTER

The Erasmus project was one of the best experiences of my life. I feel so lucky to have met such incredible people, whether students or teachers. This experience allowed me to expend my knowledge in

different domains like my English and the knowledge of the different cultures that are Polish and Finnish. It also helped me to increase my social skills and I was able to



experience some teaching skills that were very important to me. Erasmus+ brought me a lot of new friends that I hope will last forever by my side. I'm very grateful for this whole project.

Nawrocki Eva



Erasmus+ project gave me the opportunity to discover new cultures, new countries.

It's a rewarding experience in which I met new friends from foreign countries and improved my English.

Alexis

The Erasmus project is a really fascinating project which enables us to learn a lot about ourselves and about other cultures and countries. I think this project is very useful, because it teaches us to be European citizens : it makes us bond with people from other countries (people who will stay friends for life) and discover so much. We talk about studying, failure, social skills, working... I feel like those are very important subjects and getting the opportunity of discussing them with young people from all over Europe is a fantastic opportunity to me.



Aesa

It's a great opportunity to be a part of this project and to meet different people from different countries. Sharing with them our culture and language is very rewarding. Through this project we learn a lot about one another as a consequence we are more open-minded. We also have more interest of discovering new things. Thanks to the fact that we are always together during the weeks of meeting, we created solid relationship with each other. We are able to practice and improve our English. Travelling to countries we didn't know that much and learning more about their education system is very interesting. It's a nice way to become more mature and cultivated.



Laure



This project is an amazing experience that everyone should experience one day. This is really rewarding. I met lovely people that I will never forget. And most of all I made some friends for life. I went to

countries that I barely knew and discovered wonderful cultures sometimes really different from mine. And of course, it really helps with improving your English. I will never forget all this adventure, all the things it brings to me, and I thank all the people who made it possible.

Manon

I'm quite happy to have been involved in this experience which is so enriching: indeed meeting people with a different culture is a real chance. I'll never regret to have been part of it, my participation in this project. Thanks to this project, I have met nice people and even if my English was not very good, I have managed to exchange with them and learn interesting things about their culture.

Therefore my English skills have improved. This project shows that even if you have a bad level in English, you can communicate with others thanks to the social skills.



I think that we can be proud of our involvement in this project and I want to thank the professors, and different members of associations which allowed us to contribute to this project because it's a wonderful and unforgettable experience.

Cathy



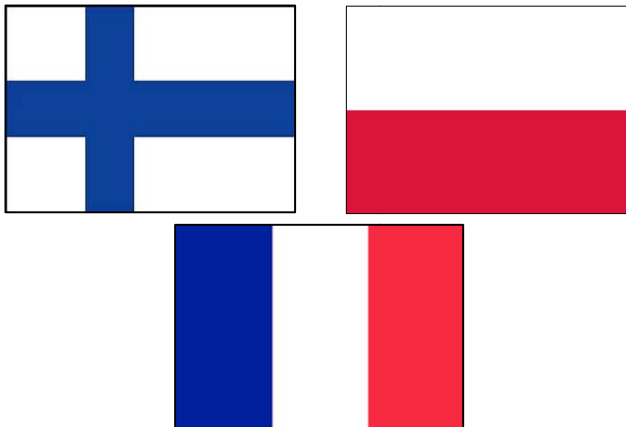
Participating in that Erasmus+ project was an excitement and now, it still is an extraordinary adventure that I live with many extraordinary people from different countries. This project allowed me to discover other languages and cultures that I had never imagined because even if all of us are part of Europe, we are all very different in our way of thinking and living.

I fell in love with lots of things such as countries, (obviously) the food and of

course the people that I met.

This adventure allowed me to open my mind more and more with a spirit of community and friendship. And I hope, with all the strength I have, that this dream will never end!

De Magalhaes Louane



The Erasmus + project has been presented to me as a way to discover Poland and Finland, their cultures and some of their inhabitants. Moreover it helps my country to know some of the difficulties met by the students. At first determining the university failure factors, then making easier the movement of the European

students in Europe, and finally making easier their job insertion. I'm writing this before going to Finland, but I may say the Erasmus + project has been as for me a wonderful experience. First of all, it permit me to be welcome in a Polish and, in the future, in a Finnish family. Furthermore, thanks to this project today I have friends in both of these countries, and as for me it's essential.

Matteo

Being part of this project is an amazing experience that gave me more than just a simple opportunity. I met incredible people who became friends. We have learnt to listen to each other's opinion, with respect and understanding, in a spirit of solidarity. Discovering new cultures and travelling all around Europe was a great way to get maturity and wisdom. Erasmus + turned out to be the best adventure I could have.



Noelie